



COUNSELING ONE ANOTHER

SPEAKER, MRS. TORI STURM

*A word fitly spoken is like apples of gold in a setting of silver. Like a gold ring or an ornament of gold is a wise reprove to a listening ear.
Proverbs 25:11-12 (KJV)*

Midwest Women's 105th Annual Retreat
Clarinda RPC, Clarinda, Iowa
MARCH 27-28, 2026



Friday, March 27th, 2026

- 12-1 pm Registration
- 1:15pm Welcome & Announcement
Congregational Sharing
Sing Psalm 147 B
- 1:45pm Session 1: Biblical Counseling
in the Life of the Church
- 2:30pm Discussion Groups
- 3:15pm Break
- 3:30pm Mixer with Maggie
- 5:00pm Supper
- 6:00pm Memorials with Mitzie
Sing Psalm 23 B
- 6:30pm Session 2: Incarnational
Counseling
- 7:15pm Discussion Groups
- 8:00pm Evening Dismissal**

Saturday, March 28th, 2026

- 8:30am Morning Welcome
Sing Psalm 34 C
Session 3: The Practice of Biblical
Counseling
- 9:15am Discussion Groups
- 10:00am Break
- 10:15am Mission Report by Bridget Rizama:
"News from Nigeria"
Invitation for the 2027 Midwest
Women's Retreat

11:00am Lunch

**For you shall go out with joy,
And be led out with peace...**

Isaiah 55:12a (NKJV)



Main Speaker

Tori Sturm lives in Indianapolis, Indiana, with her husband, Michael. She graduated from RPTS in 2023 with her Masters in Theological Studies with a Biblical Counseling concentration and has continued to do some counseling through the Association of Certified Biblical Counselors while working part-time for the Seminary and for RP Global Missions.

Mission Speaker

Bridget Rizama “We want to follow Jesus, but we don’t know how.” Bridget heard these words in 2019 in a rural African church as people gathered early on a Wednesday morning to pray before work. God used that meeting to confirm Bridget’s calling to join in the work He is doing, giving His Word to people in a language and form they understand.

Bridget’s love for linguistics began in elementary Latin class. A few years later, when teaching a Sunday School class on Bibleless people groups, she read from Romans 10: “How can they believe in whom they have not heard...” and her zeal for Bible translation was ignited!

Bridget has served in West Africa as a linguist and workshop facilitator and plans to obtain additional training to equip others. She is currently on home assignment in the US and is here to give us an update on the work God is doing to bring His Word to the nations!



Spotlight on our Supported Missionaries:

Kalli Sterrett: Kalli is a Cyprus native who came to know the Lord in an RP mission school at 12 yrs old, then she studied at Geneva College. After graduating, she returned to teach at the mission school in Cyprus. Kalli married Bill (an American native) who was then a short-term missionary and later studied at the RP Seminary. They were sent to Japan in 1973 as missionaries for the RPCNA. Twenty-three years later, after raising 3 daughters in Japan, they moved to Cyprus for the next 14 years. In 2011 they retired to Beaver, PA and continue to minister to the community through Bible studies and general outreach. They are members of the River Valley RPC in Monaca, PA.

Jan Buchanan: Jan is an Alberta, Canada native who became a Christian while attending University, later moving to Quebec she learned French and did some overseas mission work. She eventually moved to Ottawa and joined the RP Church. In 1995 Jan joined Mission to the World (with the blessing of RP Global Mission Board) to serve in Senegal, West Africa for 15 years. In 2011 RPGM placed her with the Cush4Christ team in South Sudan teaching basic health lessons, literacy, and Bible to local church women; then for seven years taught at Cush Christian School. In early 2022 she returned to Quebec, which is the most unreached area in North America. As a member of a French-speaking Reformed church she leads a weekly outreach Bible study and participates in other ministries of the church. She still supports RPGM as a prayer warrior and staying personally connected.

Dr. PB: PB was born in Topeka, KS to missionaries who served mostly in South China, Hong Kong, and Japan (1947-62). Her personal missionary work began with teaching in Cyprus at the American Academy in Larnaca (1971-74). After returning to the US until 1976, PB moved to Japan, teaching English and being a part of the RP churches through 1979. Then she returned to the US to finish graduate school (1980-1990). PB returned to Japan for her dissertation research in 1991. From 1992-97 she taught at the American University of Armenia in Yerevan, Armenia. Then taught at Geneva College in Beaver Falls, PA from 1997-2000. Continuing with teaching, PB then moved back to Armenia and then on to Cyprus and back to Pennsylvania (2000-2005). She then returned to Japan (2005-16) under the RPGMB until returning to the US in the fall. After a year of furlough in Pittsburgh, PB worked part time at Geneva Collage until 2020, then officially retiring until 2024. At this time PB moved to Asia to join RPGM's Central Asia team where she currently serves.